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| IDDSI Thickened Fluid Guidelines – information for staff |
| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-0-THIN.jpg Image result for water from tap | * Flows like water
* Fast flow
* Can drink through any type of spout, cup or straw
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| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-1-SLIGHTLY-THICK.jpgH:\dysphagia\symbols\mango-juice.jpg | * Thicker than water
* Flows through a straw, syringe or spout
* Similar to **naturally thick fluids** such as milkshake or mango juice
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| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-2-MILDLY-THICK.jpg | * Flows **quickly** off a **spoon**
* Sippable
* **Can** be drunk through a **straw** with some effort
* **Can** be drunk from a **cup**
* **Runs easily** through a fork
* Leaves a **thin coat** on the back of a spoon
* Texture resembles **syrup from tinned fruit** or **evaporated milk**
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| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-3-MODERATELY-THICK-2.jpg | * **Can** be drunk from a **cup**
* **Cannot** be drunk through a **straw**
* **Drips** through a fork in dollops
* Leaves a **thick coat** on the back of a spoon
* Texture resembles standard **yoghurt**
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| \\lpft-fs-s1\Shared\St Mary's House\Learning Disabilities\Speech and Language Therapist\Dysphagia\IDDSI joy\IDDSI archive\Accessible leaflets level 0-4\ICONS for labels\IDDSI-Icon-Labels-4-EXTREMELY-THICK.jpg | * Taken with a **spoon**
* Not possible to sip from a cup
* **Cannot** be drunk through a **straw**
* **Sits** on a fork
* Holds together well
* Texture resembles **mousse** or **jam**
* **Falls** off a spoon in a single spoonful when tilted
* Would **hold its shape** on a plate
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